

C.H.E.K Institute Advanced Training Programs

2010 - Europe

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CHEK UK Exercise Coach Course payment in full of £1525 Course payment plan: 2 x £777; 4 x £397; 6 x £267 CHEK Exercise Coach + Holistic Lifestyle Coach Level 1: Payment in full of £1997		
DATE	LOCATION	INSTRUCTOR
October 13-17, 2010	JPT Holistic Health and Fitness, Lancashire	Dan Hellman
November 22-26, 2010	Southern England, Location TBA	Matthew Wallden

C.H.E.K Practitioner Level 1 Course payment in full of £1650 Course payment plan: 2 x £837; 4 x £427; 6 x £287		
DATE	LOCATION	INSTRUCTOR
October 19-23, 2010	O2 ApS, Farum, Denmark** (new CP1 old CP2)	Matthew Wallden
December 6-10, 2010	Eleiko, Halmstad, Sweden*	Mathew Wallden

Golf Biomechanic Course payment in full of £1650 Course payment plan: 2 x £837; 4 x £427; 6 x £287		
DATE	LOCATION	INSTRUCTOR
October 18-25, 2010	Bowskill Clinic, London	Jon Bowskill



**Holistic Lifestyle Coach Level 1:
Course payment in full of £650
Course payment plan: 2 x £340
CHEK Exercise Coach + Holistic Lifestyle Coach Level 1:
Payment in full of £1997**

DATE	LOCATION	INSTRUCTOR
September 10-12, 2010	JPT Holistic Health and Fitness, Lancashire	Emma Lane
November 5-7, 2010	O2 ApS, Farum, Denmark**	JP Sears
November 12-14, 2010	Eleiko, Halmstad, Sweden*	JP Sears
November 19-21, 2010	The Orangery, Wakefield	Emma Lane

**Holistic Lifestyle Coach Level 2: Payment in full £1650
Payment Plan: 2 x £837; 4 x £427; 6 x £287**

DATE	LOCATION	INSTRUCTOR
September 22-26, 2010	Eleiko, Halmstad, Sweden*	Josh Rubin

Courses in Grey are full - a waiting list is being accepted

For Courses in Sweden contact: Eleiko Sport AB

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